

University : National Chin-Yi University of Technology
Country : Taiwan
Web Address : www.ncut.edu.tw

[SDGs 3] Good Health and Wellbeing

[3.3.4] Does your university as a body provide students access to sexual and reproductive health-care services including information and education services?

NCUT's Sexual and Reproductive Health-Care Services and Education

NCUT ensures that all students have equitable access to sexual and reproductive health-care information, education, and support services. The university's initiatives integrate prevention, counseling, and awareness to create a healthy and safe learning environment aligned with the UN SDG 3 (Good Health and Well-Being) framework.

1. Health Education and Awareness

Information Dissemination

NCUT regularly distributes educational materials through campus emails, social-media announcements, and lectures to promote awareness of sexual health, safe relationships, and responsible behavior. Teachers receive guidance to help them advise students effectively.

Safe Dating Guidelines

NCUT, following the National Health Service's recommendations, educates students on the "Five Rules for Safe Dating":

- Safety First – Inform family or friends of your whereabouts; meet in public, well-lit places.
- Master Time – Stay in contact and return home early.
- Appropriate Behavior – Respect boundaries and avoid coercion.
- Discover Risks – Be alert to potential dangers; call 110 if needed.
- Rational Thinking – Encourage mutual respect, rational decision-making, and communication.

2. AIDS Prevention and Health Campaigns

AIDS Prevention and Treatment Seminars

NCUT conducts periodic AIDS prevention lectures and blood-donation activities to strengthen awareness and reduce risky behaviors.

- **2024 Participation:** 454 students attended two seminars; 498 teachers and students joined two blood-donation sessions.
- Led by experts from National Army Taichung General Hospital, seminars included interactive quizzes and campaigns (e.g., Schick razor awareness) to emphasize disease prevention

World AIDS Day Event Highlights

- Topics: Current AIDS status, prevention, and treatment.
- Speaker: Health Officer Li Huifang.
- Participants: 353 students (211 male, 142 female) and 45 faculty members (25 male, 20 female).

3. Campus Health-Care Center Services

NCUT's **Health Care Center**, under the Student Affairs Office, delivers both clinical and preventive health programs:

- **Emergency Care and Illness Management:** Equipped with modern medical supplies and partnerships with local hospitals to handle accidents and emergencies on campus.
- **Food Safety and Nutrition:** Nutritionists train catering staff and monitor food quality via the Ministry of Education food registration platform to ensure safe and healthy meals.
- **Health Promotion and Disease Prevention:** Regular seminars and publicity campaigns strengthen students' knowledge of infectious disease control and personal hygiene.
- **Annual Health Examinations:** Comprehensive check-ups with follow-up consultations for abnormal results, promoting preventive care and self-management

4. Counseling and Referral Services

Students seeking sexual-health or reproductive guidance receive:

- Confidential consultation at the Health Care Center.
- Referrals to partner hospitals for medical support.
- Access to the national AIDS screening hotline and anonymous testing centers.
- Collaboration with the Taichung Public Health Bureau for specialized reproductive health resources.

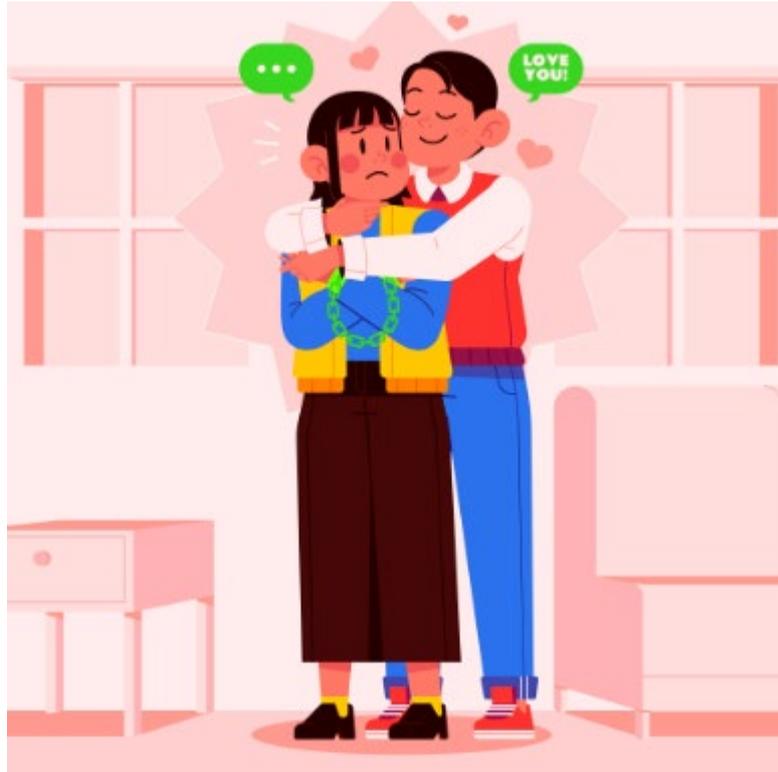
5. Alignment with SDGs

SDG Target	NCUT Action	Impact
3.3 – End epidemics of AIDS and other diseases	Annual AIDS seminars and free testing referrals	Increased awareness and early detection
3.7 – Ensure universal access to sexual and reproductive health services	Campus health education and safe-dating programs	Improved knowledge and self-protection among students
3.9 – Reduce illness from hazardous materials and	Food safety audits and health center oversight	Safer campus environment

pollution		
4.7 – Promote sustainable lifestyles and well-being education	Integration of health topics into curriculum and community outreach	Healthier and more responsible student behavior

Through its sexual and reproductive health-care programs, NCUT cultivates a holistic approach to student well-being. By combining education, medical support, and community engagement, the university ensures students have the resources to make informed decisions and live healthy, responsible lives. These sustained efforts demonstrate NCUT’s ongoing leadership in aligning campus policies with global SDG targets for health and well-being.





NCUT AIDS Prevention and Health Seminar

NCUT regularly conducts AIDS prevention and health lectures, using blood donation activities to promote awareness and encourage safe practices. These initiatives urge students to refuse sexual temptation, practice safe sex, avoid using blood donation as a means to test for AIDS, and provide a free anonymous AIDS screening hotline and referral counseling services to improve student health.

Participation in 2024



你認識愛滋病嗎?

愛滋病諮詢專線：0800-888995
愛滋病諮詢網網址：http://aids.cdc.gov.tw
行政院衛生署疾病管制局

行政院衛生署疾病管制局

94-04-50000

愛滋病是什麼?
愛滋病又稱「後天免疫缺乏症候群」，人們感染愛滋病毒後通常不會立刻發病，可能在感染後六個月甚至長達十年或更久才有症狀發生，這種病毒會使人類失去抵抗病原體的能力，最後喪失生命。

愛滋病的病毒是如何傳染的?
愛滋病病毒主要存在於病患的血液、精液和陰道分泌。大部分的愛滋病毒都是經由性接觸傳染（包括陰道性交、肛交及口交），其餘是由吸毒者共用針筒針頭注射毒品或輸入帶有病毒的血液、血液製成品而受到感染。受感染的婦女在懷孕、分娩過程或哺乳期間也可能將病毒傳染給嬰兒（在沒有任何治療的情況下，感染的機會由百分之十五至四十不等）。
一般的社交接觸，例如握手、接吻或共用洗手間，及蚊叮蟲咬不會傳染愛滋病毒。

如何預防感染愛滋病毒?
1. 要拒絕性誘惑、忠實與固定的單一性伴侶，發生性行為時要全程正確使用保險套。
2. 不要與人發生共用針頭等可能傳播血液的行為。
3. 感染愛滋病毒的懷孕婦女應該要接受醫師治療，經由投與藥物等措施預防胎兒感染。

如何知道感染愛滋病毒?
一般人從外觀無法判斷是否感染愛滋病毒，經由檢驗是確認有無感染愛滋病毒的唯一方法。
檢驗的方法有很多種，傳統的方法是經由抽血，採集檢體送實驗室分析。

Prevention and Health Lectures: 374 students attended two sessions.

- Blood Donation Activities: 498 teachers and students participated in two sessions.

Health Education Lecture Activity: AIDS Prevention and Treatment

In alignment with World AIDS Day, NCUT organized an event to enhance the knowledge of AIDS prevention and treatment among teachers and students. This activity was led by Li Huifang, a health officer from the National Army Taichung General Hospital, who provided insights into the current state of AIDS and offered practical prevention and treatment strategies.

- **Additional Publicity Activity:** Schick's razor awareness campaign was incorporated, where Nurse Li advised students against sharing knives and razors to prevent blood-borne diseases.
- **Interactive Learning:** Post-lecture, the Office of Academic Affairs conducted a quiz with prizes to boost student engagement and reinforce health concepts.
- **Participation:** 353 students (211 males, 142 females) and 45 faculty members (25 males, 20 females).

NCUT Health Care Center Initiatives

To enhance the health and well-being of its community, NCUT has established a health care center under the Student Affairs Office. Key initiatives include:

1. Campus Health Service:

- Upgraded health center equipment.
- Enhanced emergency injury and illness treatment services.
- Provided medical supplies and established partnerships with hospitals and clinics to minimize on-campus injuries and improve health service quality.

2. Campus Catering Hygiene Management:

- Partnered with professional nutritionists for food hygiene training of catering staff.
- Utilized the Ministry of Education's food material registration platform to strengthen self-management of catering hygiene and prevent food safety incidents on campus.

3. Campus Health Promotion Activities:

- Implemented plans to promote a healthy campus atmosphere.
- Enhanced health knowledge and self-management among students, promoting a healthy lifestyle.

4. Prevention and Control of Infectious Diseases on Campus:

- Collaborated with health units to disseminate accurate prevention and control information for various infectious diseases.
- Conducted prevention publicity and strengthened students' knowledge of epidemic prevention.
- Assisted suspected cases in seeking medical treatment and managed confirmed cases to prevent the spread of infections on campus.

5. Student Health Check:



- Conducted regular health checks and provided medical reports and consultations.
- Strengthened students' self-care abilities and followed up on health education for abnormal physical examination results and specific diseases to improve overall student health.

These comprehensive efforts by NCUT aim to foster a healthy, informed, and safe campus environment for all students and faculty.